

New ED Physician Joins SJMH Staff

Dr. William Kelley, Jr., Stonewall Jackson Memorial Hospital's



DR. WILLIAM KELLEY

Emergency Department.

Dr. Kelley was born in Clarksburg and graduated from Morgantown High School. His undergraduate degree is in physical therapy from West Virginia University. His medical

training was also at WVU.

Dr. Kelley performed his internship at Akron City Hospital, Akron, OH. His residency was in family medicine at United Hospital Center. He had a private medical practice at Shinnston for several years and then went into emergency medicine in 1991.

Dr. Kelley lives at Bridgeport with his wife, Terry. He has two daughters, Shawn, 26,

and, Risha, 24.

In his spare time, he enjoys weightlifting, woodworking, working in the yard, and home remodeling.

Dr. Kelley is no stranger to SJMH. He worked here as a resident in 1987-1988 and enjoys working here.

"I like working here," said Dr. Kelley. "This staff is friendly and helpful."

His parents are Helen and William Kelley of Morgantown and French Creek.

Maintenance Brings Home the Gold in Hospital Olympics

April Fool's Day brought a round Jackson Memorial Hospital held its second annual Hospital Olympics.



Gold Medal Winners. The Maintenance Dept., made up of (pictured above, left to right, Dennis Marple, Richard Money penny, and Rusty Simpson, took top honors in the Hospital Olympics.

The event was organized by the Soc/ Rec Committee, and a number of departments participated in the games. Overall winner was the Maintenance Department, followed by Administration, and a tie for third by Radiology and Medical Records.

The Business Office's Rosa Thayer began the games with a run through the Hospital carrying the Hospital Olympic torch. First competition was a round of Jacks in the cafeteria. Medical Record's Mary Ann Hall was the surprise winner in the round by completing Sevensies. OR's Jake Poling took Silver with Fivesies, and Kim Rush completed Threesies and took the Bronze. For those who don't remember the game, jacks is based on throw-

Olympics

ing the 10 metal jacks down on a surface, bouncing the ball up in the air, while picking up the metal stars. By completing sevensies, Mary Ann was able to pick up seven at one time - a very impressive feat. Low man on the totem pole was Maintenance's Richard Moneypenny, who apparently had never played jacks...he completed none!

The next round of games was Musical Chairs, also played in the cafeteria. Betty Brown was the music controller. Jimmy Buffet music blared from the cassette player as the 13 players moved around the 12 chairs, positioned in an oblong circle.

Some players were relying on their stealth, some on speed, and some participants hoped girth would take the prize. All contestants ran their fingers across the backs of the chairs as they moved tentatively in front of the chairs.

In the order of exclusion were Karen Rinker, Julia Spelsberg, Kim Rush, Amanda Johnston, Denny Marple, Jake Poling, Tina Burnside, Brenda Gum,

Continued from page one

and Rick Thomason. Placing with the Bronze was Missy Lattea of Dietary. Radiology's Mary Jane Parker took the Silver. Richard Moneypenny, who had came up empty in the Jacks competition, took the Gold in the Chairs.

Another Maintenance first went to Rusty Simpson, who took the Gold in the Yo-Yo competition with 115 spins. Winning the Silver was Business Office's Tedra Linger with 77 spins. Bringing in a third-place showing for Administration was Bill Czako with 20 spins. Other participants were: Betty Brown - 17 spins; Debbie Heater - 12 spins; Dr. LaNasa - 6 spins; Lois Lamb - 5 spins; and Rick Thomason - 1 spin.

Administration's Julia Spelsberg took top honors in the Hula Hoop Spinning contest. Organizers of the Olympics found that no one could actually hula with the hoops provided. It was decided to have the competitors spin the hoop down the Medical Records hallway. The only rule was that the hoop had to return to the competitor. The longest distance won. Medical Record's Amanda Johnston took the Silver; and Rusty Simpson, the Bronze.

Jump Roping honors went to Radiology's Traci McGill, who was able to complete 50 jumps. Richard Moneypenny had 31, tying with Dr. LaNasa. Joyce Greenlief brought home the Bronze for Administration with 23 jumps. Other competitors included: Tammy Moody - 19 jumps; Mary Ann Hall - 14 jumps; and Joan Rohm - 5 jumps.



RELAY FOR LIFE. SJMH and Stonewall Jackson Home Care will again be corporate sponsors for the Lewis County Relay for Life. Pictured above are Domenick Cassucio of the American Cancer Society and SJMH Administrator David D. Shaffer. Dates for this year's relay are June 11-12.

Winners' Names

The CWV Credit Union had an informational display Wed., April 14, on the ground floor at SJMH. They were kind enough to provide prizes for employees and visitors. Prizes and

winners were: umbrella - Susan Hull; piggy bank - Ruth Ann Butcher and Julia Spelsberg; coffee cup - Judy Metz and Brenda Ratliff; hat - Kristi Gannon and Carol Carter.

NEWSPAPERS

Starting May 17, the Clarksburg Exponent/Telegram will be delivering the newspaper to SJMH patients free of charge. Fifty newspapers will be delivered Mon. through Sat. compliments of the Health Plan.

Our Sincere Condolences

to these members of our

SJMH family on their losses:

Melanie Watson on the loss of her father;

Dr. Orvik on the loss of his father;

Helen Henthorn on the loss of her mother;

Dr. Grant on the loss of her husband;

Brenda Tonkin-Moody on the loss of her son;

Lisa McClain on the loss of her father;

Susan Paletti on the loss of her mother;

Aimee Greene on the loss of her father-in-law;

Traci McGill on the loss of her grandfather.

We offer you our sympathy.

John E. Law Named To SJMH Board of Directors

John E. Law, of Camden, has been appointed to the board of Stonewall Jackson Memorial Hospital. John is a certified public accountant and president of the accounting firm John E. Law CPA, A.C.

He is a graduate of Saint Patrick High School in Weston and Glenville State College.

John took over the accounting firm from his parents, John T. and Bernadette Law, in 1993, when his father retired. He is married to Melinda. The couple have two children - Elizabeth, 11, and Sarah, 9.

He is past president of the Weston Rotary Club and is now a member of the board of directors. He has also served as past Assistant District Governor Area Four District 7530 of the Rotary.

John is a member and lector at Saint Boniface Church in Camden. He was president of the WV Public Accounting Asso-



JOHN E. LAW

ciation and is a permanent board member. He was Accountant of the Year in 2003. He also belongs to the WV Society of CPAs.

John is already serving as a member of the Hospital's finance committee and is delighted with his recent appointment to the Hospital's Board.

"I am thrilled to death to be able to help," he said.

"I believe community service is important, and Stonewall Jackson Hospital is a vital part of our community here."

From The Executive Corner

By David D. Shaffer

A CULTURE OF SAFETY

Patient safety is the hot-button issue in today's healthcare environment. Purchasers of healthcare are demanding that an error free mentality be imposed from those in leadership positions. In response to this demand, the JCAHO has promoted seven safety goals as the linchpin of their new accreditation system. Those goals are as follows:

1. Improve the accuracy of patient identification;
2. Improve the effectiveness of communication among caregivers;
3. Improve the safety of using high-alert medications;
4. Eliminate wrong-site, wrong-patient, wrong-procedure surgery;
5. Improve the safety of using infusion pumps;
6. Improve the effectiveness of clinical alarm systems; and
7. Reduce the risk of healthcare-acquired infections.

These goals are a much needed and very practical source for designing processes to meet the demands of patient safety.

As an employee, it is critical that you know, understand and work diligently with your colleagues to implement these goals so that the patients you serve daily may receive care in an error-free environment.

Births

SJ Home Care's Joe and Jane Eisenbeis are the very, very proud grandparents of their first grandchild, Dakota Joseph. Dakota was born to Jana Eisenbeis Posey on March 8. He weighed seven pounds, five ounces.

MAKES DONATION. Bob Moore of Colonial Place in Elkins provided a donation of an oak brochure display case for SJMH. Pictured with Moore at right is Brenda Smarr, SJMH's social services director. Colonial Place is an assisted living facility and has a dedicated Alzheimer's wing.



Alzheimer's Program Provided By Auxiliary

It is startling to learn that nearly 42,000 West Virginians have Alzheimer's disease. Half of those suffering with it are 85 years and older. The average lifetime cost for the Alzheimer's victim is \$200,000. These sobering statistics were part of a program presented by Nancy Cipoletti of the WV Alzheimer's Association at Stonewall Jackson Hospital on March 17.

The Theresa Snaith Hospital Auxiliary provided the program to auxiliary members, medical staff, Hospital employees, nursing students, and several members of the public.

Cipoletti explained that Alzheimer's is a gradual deterioration of a person's memory functions. Unfortunately, there is no cure, but much research is being done.

The Alzheimer's Association, a national leader in the fight against Alzheimer's, believes that it is critical for people with dementia, along with their families, to receive information, care, and support as early as possible. To help family members and healthcare professionals recognize warning signs of Alzheimer's disease, the Association developed a checklist of common symptoms.

Run Obesity Out Of WV Health Fair

SJMh was one of the sponsors of Marshall University's obesity education effort held in April. Seventy individuals took advantage of the health fair held in the SJMH lobby. Blood pressure, blood glucose and bone density screenings were done at no cost.

Not everyone with Alzheimer's disease or a related dementia has all of these symptoms, and all of us may experience one or two of the symptoms from time to time. A person who has Alzheimer's disease will exhibit several of the symptoms listed below, and they will worsen gradually over a period of time.

•Memory Loss

One of the most common early signs of dementia is forgetting recently learned information. While it's normal to forget appointments, names, or telephone numbers, those with dementia will forget such things more often and not remember them later.

•Difficulty performing familiar tasks

People with dementia often find it hard to complete everyday tasks that are so familiar we usually do not think about how to do them. A person with Alzheimer's may not know the steps for preparing a meal, using a household appliance, or participating in a lifelong hobby.

•Problems with language

Everyone has trouble finding the right word sometimes, but a person with Alzheimer's disease often forgets simple words or substitutes unusual words, making his or her speech or writing hard to understand. If a person with Alzheimer's is unable to find his or her toothbrush, for example, the individual may ask for "that thing for my mouth."

•Disorientation to time and place

It's normal to forget the day of the week or where you're going. But people with Alzheimer's disease can become lost on their own street, forget where they are and how



Pictured above, left to right, Theresa Snaith Auxiliary member Susan Hull speaks to Alzheimer's representative Nancy Cipoletti about the program she presented to Auxiliary members on March 17 at SJMH.

they got there, and not know how to get back home.

•Poor or decreased judgment

No one has perfect judgment all of the time. Those with Alzheimer's may dress without regard to the weather, wearing several shirts or blouses on a warm day or very little clothing in cold weather. Individuals with dementia often show poor judgment about money, giving away large amounts of money to telemarketers or paying for home repairs or products they don't need.

•Problems with abstract thinking

Balancing a checkbook may be hard when the task is more complicated than usual. Someone with Alzheimer's disease could forget completely what the numbers are and what needs to be done with them.

•Misplacing things

Anyone can temporarily misplace a wallet or key. A person with Alzheimer's disease may put things in unusual places: an iron in the freezer, a wristwatch in the sugar bowl, a sandwich under the sofa.

•Changes in mood or behavior

Everyone can become sad

and or moody from time to time. Someone with Alzheimer's disease can show rapid mood swings - from calm to tears to anger - for no apparent reason.

•Changes in personality

People's personalities ordinarily change somewhat with age. But a person with Alzheimer's disease can change a lot, becoming extremely confused, suspicious, fearful, or dependent on a family member.

•Loss of initiative

It's normal to tire of housework, business activities, or social obligations at times. The person with Alzheimer's disease may become very passive, sitting in front of the television for hours, sleeping more than usual, or not wanting to do usual activities.

If you recognize several of these warning signs in yourself or a loved one, the Alzheimer's Association recommends consulting a physician. Early diagnosis of Alzheimer's disease or other disorders causing dementia is an important step in getting appropriate treatment, care, and support services.

For information about Alzheimer's disease, call the Alzheimer's Association, WV Chapter, at 1-800-491-2717.



PROUD PAPA.
Pictured at left,
Pharmacy's Dan
Walker shows off
his beautiful little
girl, Emma Lauren,
born on January 6.
So nice to see par-
ents who really en-
joy their children!

CONGRATULATIONS

Congratulations to Harriett Williams' son, Jeremy, for receiving his white coat at medical school.

Congratulations to Dr. Sabbagh upon the acceptance of his son into medical school.

Congratulations to Michael Linger for his graduation from the Air Force Academy. He has been accepted into pilot training.

Congratulations to David Shaffer upon the acceptance of his son into medical school.

KUDOS TO:

▲▲ Vinessia Skinner for doing an excellent job taking care of tuition education efforts on behalf of our employees.

▲▲ the little garden fairies, who planted our flowers in the fall, which translated into some beautiful arrangements this spring.

▲▲ the Rural Health and Education Partnership, who occasionally provides the manpower for SJMH health fairs. Thanks, Sonni!

▲▲ SJMH departments who provide staff to help with health screenings held throughout the year.

▲▲ Tim Harclerode for filling in for Cardiac Rehab while Sheila and Kristi were at a conference.

▲▲ The Lewis County Heart Society for their support of the Cardiac Rehab Unit.

▲▲ The Theresa Snaith Auxiliary for their generous donations to SJMH.

THANKS

Dear Mr. Shaffer,

Our Dad, Lawson Robinson, was a patient at Stonewall Jackson Hospital two different times this month. We could not have been treated better. The staff, from admissions to check out, treated us great. Our Dad is 92 years old and sometimes needs a little extra attention; he can't see or hear very well - every time he needed something, someone was there. Your staff took the extra time to explain to him what they were doing and why. We would not hesitate to take him back to Stonewall again. Most times you only hear the bad things. We think you have a wonderful staff and we wanted you to know the good job they all do.

Thank You.

Dear Dave,

I just finished a series of treatments in your physical therapy department. I wanted to tell you that you have a fine bunch of young people working in that department - well trained, dedicated, very kind and

helpful - all so friendly and easygoing that they make PT almost fun.

Sincerely,
Mary G. Sleight

To the Board of Directors, Medical and Dental Staff and Employees of Stonewall Jackson Hospital,

Thank you very much for the beautiful flowers you sent for our mother's service. The memories of her career and the "gang and the good ol' days at SJMH" were happy ones and always brought a smile to her face.

Mark and Lora
Rohrbough
Rita and Matt Moore
Children of Bobbie
Rohrbough

Mandatory In-Service

All staff are required to attend a very brief, five-minute in-service on the Special Delivery Unit Door Alarm. It will be held Monday, May 17 at 7 a.m., 10 a.m., 5:30 p.m., 9:30 p.m., and 1:00 a.m. It will be held at the OB doorway.



GREAT FOOD. SJMH's Food Service Department had several food tastings in the cafeteria recently. Pictured above, on the right, is the Business Office's Brenda Ratliff, who took advantage of the free goodies.

Golf Tournament and Auction To Benefit Adler Scholarship Fund

Plans are under way for the second Stonewall Jackson Memorial Hospital Charity Golf Tournament. The event will be held Wed., Sept. 15, at the Arnold Palmer Signature Golf Course located at Stonewall Resort in Lewis County.

Proceeds from the tournament benefit the M. William Adler Scholarship Fund. The fund provides scholarships to LCHS seniors interested in pursuing a career in healthcare.

For more information or to obtain a brochure, call 304-269-8000 and ask for Bill Czako or Tommy Harris.

Cost will be \$100 per team member. There will be a shotgun start at 12:30 p.m.

In conjunction with the tournament, there will be a charity auction on Tues., Sept. 14, at the West Virginia Building at Jackson's Mill. SJMH board member and auctioneer John Spiker will be providing auctioneer services for the event, which will also benefit the scholarship fund. Organizers are looking for donations of unique items for the event. To make a donation or request information, call

Julia Spelsberg at 269-8167.

Plans from the Soc/Rec Committee

More than 125 SJMH associates put on their skates at the annual SJMH Skating Party held in March.

The Soc/Rec Committee holds the event at Bridgeport's Skateworld. Organizers were quite pleased with the large turnout for the event.

Wedding Bells

Maintenance's Tommy Bragg married Med/Surg's Angela Hinter on April 23. The happy couple live at Troy.

The Committee will be holding a covered dish lunch in June for Hospital employees.

The annual picnic will be Friday, July 16, at the Lewis County Park. SJMH family and friends are invited to enjoy the day of golfing, swimming, volleyball,

and horseshoes.

If employees are interested, there is the possibility of getting tickets to Kennywood in August and/or organizing a WVU football outing. If interested in those activities please call Public Relations at 8167.



SKATING PARTY PICS. SJMH employees at the annual skating party are pictured clockwise, starting above - Staff Development's Vinessia Skinner; Mike Lincoln with his daughter over his shoulder (Mike was not standing up when this was taken, but seated on the floor); and Patsy Freeman with her daughter, Beth.



EMPLOYEES OF THE MONTH FOR MARCH AND APRIL

Julie Bush Chosen for March

Julie McWhorter Bush has been selected as Stonewall Jackson Memorial Hospital's employee of the month for March 2004. Julie has been employed at SJMH since 1997.

Julie is married to Clinton Bush. The couple live at Jane Lew with their dog, Rudy, and cats, Miss Kitty and Punkin.

Julie is a graduate of Lewis County High School. She received a bachelor's in business administration from Marshall University. She will complete a master's from Marshall University Graduate College in May 2004.

She was director of registration for many years, as well as Corporate Compliance Officer and accountant at the Hospital. She was recently promoted to director of physician clinics.

Julie's nominator was very complimentary of her work ethic.

"Julie works hard to keep registration running smoothly. Because of her great experience in many aspects of the business office, she will jump right in and help them when the need arises. She is very



JULIE BUSH

friendly and considerate. She truly deserves to be employee of the month," wrote the nominator.

Julie was equally complimentary of SJMH and its employees.

"I feel very fortunate to be able to work at a healthcare facility that supports my community. It is a very nice place filled with a group of very nice people," Julie said.

In her spare time, Julie enjoys cooking, sewing, and scrapbooking. She is also an avid outdoorswoman and enjoys hiking, camping, and kayaking.

Health Fair Held at Jane Lew School

Stonewall Jackson Memorial Hospital, the WV Rural Health and Education Partnership, and WVU Extension Office participated in a health fair for the fourth-grade students at Jane Lew School.

Bobbie Simons of the Extension Office spoke to the children about healthy eating choices. Medical students from WVU and

Lewisburg's Osteopathic School weighed, measured height, and took blood pressures for the students. Teddie Benna spoke to the children about choosing a tobacco-free lifestyle, and pharmacy student Sarah Deem spoke about obesity.

Each of the children received a bag of goodies from the Rural Health and Education Partnership.

McClain Picked for April

Lisa McClain has been selected as Stonewall Jackson Memorial Hospital's employee of the month for April 2004. She is a phlebotomist in the SJMH laboratory. Lisa began work at the Hospital in June 1987.

She is a graduate of Lewis County High School. Lisa received her certification in phlebotomy from the American Society of Clinical Pathology.

Lisa's nominator praised her demeanor and work ethic.

"Lisa is a great role model for the employees of SJMH. Her great attitude, work ethic, and interaction with other employees and our patients add to a positive work and healthcare environment. It seems that wherever you see her, there's a smile on her face," wrote her nominator.

Lisa was equally complimentary of SJMH and its employees.

"After the recent experience I had with the passing of my father, I was thankful to work at a place like this. It is



LISA MCCLAIN

wonderful here and almost like an extended family," Lisa commented.

Lisa is married to Brian and they have two daughters - Brianna, 8, and Taylor, 4.

She is the daughter of Rosemary Mertz Dennison and the late William Dennison of Camden.

In her spare time, she absolutely loves to shop. She doesn't care if she buys a thing, Lisa said, she just likes to shop. She also enjoys spending time with her lovely daughters and husband.



PHYSICIAN DAY BREAKFAST. A breakfast buffet was held to honor SJMH physicians in March. Posing for this happy picture are, left to right, Carole Chapman, RN, Dr. Charles Lively, and Linda Weaver, RN.

Help For Cystic Fibrosis Victim

Forty-year-old Harry (Junie) Coffield of Weston is the focus of a fund-raising campaign to assist with his medical condition. Junie has cystic fibrosis, and his physicians have recommended a life-saving double lung transplant.

An estimated \$100,000 is being raised to assist Junie with his transplant-related expenses.

Junie is married to SJMH's Lee Ann Coffield. The couple have a daughter, Kylee.

Volunteers are needed to assist with fund-raising. Inter-

ested groups and individuals can call Frances Bush at 304-269-5317. Tax-deductible donations may be made in person at any Citizens Bank location or mailed to the Children's Organ Transplant Association, 2501 COTA Drive, Bloomington, IN 47403. Checks or money orders should be made payable to "COTA for Harry C." with account number 5146194 written in the memo space. Secure credit card donations can be made on-line at www.cota.org.



The Weston Junior Woman's Club donates miniature daffodils from the American Cancer Society for SJMH every year. Pictured at left are SJMH's Suzie Miller and Jr. Woman's Club member Leslie Slaughter with the flat of flowers.

Wrestlers Have Winning Program

Assistant Coach Rick Thomason of the Lewis County Junior Wrestling Program was delighted with the success of the team at the WV Junior Wrestling Championship. It was held at East Fairmont High School on Sat., March 13.

More than 25 local children, aged 4 years old to 14 years old, participated in the tourney. The team placed third overall, out of 20 teams, with seven individuals taking state championships. This accomplishment was the most individual champions in a single season for the junior wrestlers from Lewis County.

Maintenance's Rick Simpson had a great interest in the tourney. His son, Ryan, was the champion for the 9- and 10-year-old, 130-pound class.

Head Coach Jeff Hall, Steve Rogers (Melissa Rogers' husband), Brian Corley, and Rick worked hard for this great success.

Rick wrestled while at Lewis County High School and went to the State Championships... "It is hard to believe that I was 112 pounds as a senior in high school," said Rick. "Though I was only 112 pounds of rolling madness."



Chief Nursing Officer Tim Harclerode has left for military duty. He will be stationed in Texas. A luncheon was held in his honor on April 30.

Basket Winner Named

The Wind Walker Relay for Life Team at SJMH held a drawing for a Mother's Day Basket. It was won by Bonnie Riffle of Braxton County. Vonda Straley sold the winning ticket.

The team is selling 50/50 tickets up until the Relay on June 11-12.

See Connie Riffle for more information.

FROM STAFF DEVELOPMENT

•General Orientation for new employees will be held on the following days -

Mon., May 17, @ 8:30;

Mon., June 7, and Mon., June 21 @ 8:30;

Mon., July 5, and Mon., July 19 @ 8:30.

Orientation is from 8:30 a.m. to 4:00 p.m. in the second-floor classroom. Those needing lab

work or physicals should report at 8 a.m. to Registration. If at all possible, please schedule all new employees on these days.

•CPR recertification will be held at noon. on Tuesday, June 8, @ noon (please note time change), and Tues., July 13 @ noon. **You must be signed up in advance.** Call 8119. All

clinical staff are required to have a current card.

•End of Life Care Thurs., June 10 @ 10 a.m. in classroom. **You must be signed up in advance.**

•Basic Trauma Life Support (BTLS) will be held June 25, 26, and 27. **You must be signed up in advance.**

•End of Life Care training will be held Sept.

16 @ 4:30 p.m.

CARELEARNING HIGHLIGHTS

•Your carelearning must be completed by the end of your birthday month;

•Courses will be position-specific this year. This means that you may have more modules or less modules than other SJMH employees.

Auxiliary Dinner Held in April at Masonic Lodge

The Theresa Snaith Hospital Auxiliary's annual Getting To Know You Dinner brought together more than 60 Auxiliary members on Wed., April 21. The dinner was held at Weston's Masonic

memorial Hospital Administrator David D. Shaffer, who told the group of the most recent improvements to the local Hospital, including the recent addition of surgeon Dr. John Thomas to the staff.

Shaffer also thanked the group for their generous donations and wonderful support over the years.

LCHS students Tara Wine and Lindsey Bailey performed several songs for the group. They also introduced Munisi Usmanova, a foreign exchange student from Tajikistan, a small country located in central Asia. Usmanova explained the culture, religion, and political climate in her country, which was once a part of the Soviet Union. She showed the group her country's flag and a very colorful dress worn in her country.

Julia Spelsberg, director of Public Relations at SJMH, spoke to the Auxiliary members about the contributions of the Auxiliary to the Hospital. In the past, the group has bought upholstered recliners for the patients' rooms, sliding doors, a newborn isolette, and an education system. For 2004, the Auxiliary is buying a cooler for the cafeteria and handicapped

toilets for the public restrooms at the Hospital.

Auxiliary members were also awarded their volunteer service awards for the 2003-2004 year. The total



Pictured above, Tara Wine and Lindsey Bailey provided the entertainment for the dinner.



Auxiliary member Pat Stark is thrilled by the awarding of a 5,000-hour pin by Teresa Moran at the dinner.

Lodge on Main Avenue and was catered by the Eastern Star.

President Nilva Posey welcomed the ladies and introduced Ruth Ann Clark, North Central District Counselor of Hospital Auxiliaries.

Guest speaker was Stonewall Jackson Me-

Keith Weaver Posts Victories

Keith Weaver, son of Med/Surg's Linda Weaver, has done quite well running for the Lewis County Track Team. In a meet held on April 17 at Bridgeport, Keith placed third in the 100-meter dash with a time of 10.5 seconds. Nineteen other schools participated in the meet.

In the next track meet on April 20, Keith placed first in the 100-meter dash.



500 hour pins were awarded to the Auxiliary members pictured above, left to right: Teresa Moran, Ada Williams, Jo Ann McKinley, Irene Gissy, and Rene Henline.

number of hours worked from January 1, 2003, to December 31, 2003, was 7367 1/2. Seventy-seven Auxiliary members worked during that time. Six members worked more than 200 hours: Barbara Bennett - 290; Ferne Dennison - 292 1/2; June McCoy - 247; Madeline Bland - 232; Susan Hull - 231 1/2; Ruby Killian - 201 1/2.

Volunteer Pat Stark worked 454 hours.

Sixteen other volunteers were honored with pins at the dinner. The volunteers and total hours worked were: 100 hours - Clara Ann Moran; 500 hours - Margaret

Copenhaver, Dovie King, Dorothy Sharps, Irene Gissy, Teresa Moran, Ada Williams, Rene Henline, JoAnn McKinley, and Wilma Wine;

One thousand hours - Vance Allender; 2,000 hours - Barbara Bennett; 3,000 hours - Patty Stark; 5,000 hours - Kathleen Weaver; 6,000 hours - Ruby Killian; 6,500 hours - Ferne Dennison.

Susan Hull and Mary Alice Ebbert provided the decorations for the dinner. SJMH provided a corsage for each Auxiliary member. Rene Henline won the door prize.

Heart Disease is the #1 Cause of Death in both Women and Men. Are You at Risk?

Please take a few minutes to complete this survey and return it ASAP to
box outside of Human Resources.

Please circle Yes or No

- | | |
|---|-----------|
| 1. Do you Smoke ? | Yes or No |
| 2. Are you a Diabetic? | Yes or No |
| 3. Are you overweight? | Yes or No |
| 4. Is your Blood Pressure over 135/85? | Yes or No |
| 5. Do you have a family history of heart disease? | Yes or No |
| 6. Is your Total Cholesterol over 200? | Yes or No |
| 7. Have you had a MI, CABG, or Stent ? | Yes or No |

Name _____

Dept _____

If you are at risk for heart disease you will be notified by our Cardiac
Rehabilitation Department. There will be free educational topics held
weekly to help prevent heart disease in your family.

Thank You,

Kristi Gannon RN, BSN

Sheila Spears RN, BSN

Members of the Preventive Cardiovascular Nurses Association

*Are you interested in having FREE aerobic classes ? Yes or NO

Massage Therapy Offered at SJMH

SJMH's Kim Nicholson, PTA, completed her licensure in massage therapy from the Clarksburg Beauty Academy. She has been studying at the Harrison County school since November 2003.

She had 600 hours of hands-on experience plus a curriculum dedicated to massage therapy.

Kim is now qualified to perform both medical and relaxing massage.

To receive her licensure, she performed at least fifty 50-minute massages. There were six students in the class.

Kim noted that she can perform massage for the relief of migraine headaches, back problems, general muscle spasms, sciatic nerve prob-



KIM NICHOLSON

lems, soft tissue massage, and carpal tunnel work.

Kim is a graduate of Bridgeport High School and received her physical therapy assistant degree from Fairmont State College. She recently married Bucky Nicholson; the couple live in Bridgeport.

WHAT DO YOU KNOW ABOUT THE UPCOMING JCAHO SURVEY?

Here's a little help from the Staff Development Department.

What steps do you take when leaving a house-cleaning cart to clean one room to the next to ensure the safety of all patients of all age groups?

What do you do differently when drawing blood from an infant vs. an adult vs. a geriatric patient?

How does your manager or department head know that your license, certification, or registration is up to date?

Do you have a written job description and have you ever seen it?

How is patient privacy protected here?

Do you wear your ID badge and is it current? Where do you go to get a new one?

What do you do differently when setting up a meal tray for a toddler vs an adult patient?

If you are unsure of the answers to any of these questions, please contact your manager or department head or the Staff Development Department for clarification. More to come...

STONEWALL JACKSON MEMORIAL HOSPITAL PHO PHYSICIAN MEMBERS

ALLERGY

Muqdad Zuriqat, M.D.

Allergy Testing and Treatment

CARDIOLOGY

Abdulmalek Sabbagh, M.D.

Cardiology - Treats heart disorders, performs cardiac catheterizations and angioplasty

Yousef Abdulnabi, M.D.

Cardiology - Treats heart disorders, performs cardiac catheterizations

DERMATOLOGY

Allen G. Saoud, D.O.

Dermatology - Treats problems with skin

Fred Scott, D.O.

Dermatology - Treats problems with skin

GENERAL PRACTICE

Charles T. Lively, M.D.

Family Medicine

Porfirio Pascasio, M.D.

Family Medicine

Frank Swisher, D.O.

Family Medicine

INTERNAL MEDICINE

Khalid Mahmoud, M.D.

Internal Medicine

Abdulmalek Sabbagh, M.D.

Internal Medicine

Frank Scattaregia, M.D.

Internal Medicine

Yousef Abdulnabi, M.D.

Internal Medicine

Muqdad Zuriqat, M.D.

Internal Medicine

OB/GYN

Antoine Naim, M.D.

Obstetrics/Gynecology

Vicki Smith, C.N.M.

Midwifery

ONCOLOGY

Craig Cooney, M.D.

Oncology/Hematology - Treats tumors and disorders of the blood

John Azar, M.D.

Oncology/Hematology - Treats tumors and disorders of the blood

ORTHOPEDICS

Joseph A. Snead, M.D.

Orthopedics - Treats problems with bones and joints, including bunions

John P. Galey, M.D.

Orthopedics - Treats problems with bones and joints, including bunions

PEDIATRICS

Christopher A. Borchert, M.D.

Pediatrics/Adolescent Medicine

Muthumanimoli Sivakumaran, M.D.

Pediatrics/Pedi. Infectious Disease

PODIATRY

David Anderson, D.P.M.

Podiatry

Bryan Danhires, D.P.M.

Podiatry

PULMONOLOGY

Muqdad Zuriqat, M.D.

Pulmonology - Treats lung problems

RADIOLOGY

Felipe V. Espinoza, M.D.

Radiology

Wilson S. Tan, M.D.

Radiology

SLEEP DISORDER

Muqdad Zuriqat, M.D.

Sleep Study - Treats sleep disorders such as sleep apnea, snoring

SURGERY

Victor Villarreal, M.D.

General Surgery

Salvatore LaNasa, M.D.

General Surgery

John Thomas, M.D.

General Surgery

UROLOGY

Arnold F. Gruspe, M.D.

Urology - Treats urinary problems of kidney/bladder



Many thanks to the Johnstown Community (Harrison County) CEOS. They made up a bunch of adorable little "Boo Bears" for distribution to our pediatric patients. Pictured above, left to right, are: Linda Williams and Betty Nutter of the CEOS and Kate Anderson of SJMH.



The Gee Lick CEOS donated handmade baby hats for newborns at Stonewall Jackson Memorial Hospital. The hats were part of a skin cancer prevention program initiated in 2003 by Lewis County C.A.R.E.S., a group dedicated to educating Lewis Countians about cancer prevention. The hats should keep harmful sun rays off the newborns. Pictured above making the donation are: seated, left to right - Rose Mary Jackson, Elizabeth Reel, Rosemary Lamm; standing, left to right - Garnet McKeown, Sheila Reel.

Address Correction Requested