



The GENERAL

A Publication For The Employees and Friends of Stonewall Jackson Memorial Hospital -Weston, WV

January 2004

Robert Earle Retires From SJMH Board

Longtime Board member Robert S. Earle was honored at a meeting of the Stonewall Jackson Memorial Hospital Board of Directors on Dec. 23, 2003. At the end of November, Earle resigned from the Board to move to Charleston.

During the meeting, Administrator David Shaffer noted that Earle was very special and would be missed by the Hospital.

PR Director Julia Spelsberg, who had

worked for Earle for more than 20 years, made a few remarks. Tearfully, she said that one couldn't find a nicer person to work for than Mr. Earle. She said he is a kind and honest gentleman and she was very sad to see him leave Weston.

With her voice cracking, Board member Jean Bennett related that when she retired as Weston City Clerk, Earle wrote a wonderful

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Robert Earle was honored at a recent SJMH board meeting. Pictured above are: seated, left to right - Jean Bennett, Robert Earle, Rosalie Earle; standing, left to right - Dr. Charles Wagoner, Doug Stalnaker, Avah Stalnaker, David Shaffer, Roy Lockard, John Spiker, Richard Cronin, Dr. Charles Lively, Gerald Wood.

Bush Named Physician Clinics Director

Accountant/Corporate Compliance Officer Julie Bush has taken a newly created position here at SJMH. She will be Director of Physician Clinics. She will now be responsible for the

operation of the physician offices for Drs. Lively, Snead, LaNasa, Naim, Thomas, and any future physician offices.

Julie is a Jane Lew native and the daughter of Willard and Judy Mc-

Whorter. She is married to Clint Bush.

Julie is a Marshall University graduate. She is currently working on a master's in education. She has been employed at SJMH since 1997.



Rick Thomason Named Radiology Director



Rick Thomason was recently promoted to head of the Radiology Department.

Thomason received medical training while serving with the United States Army in Germany from 1985 to 1987. He then joined the Army Reserves and went to X-ray school at Fort Sam Houston in

Texas and Walter Reed Medical Center in Washington, DC. After graduating from X-ray school, he began work at Stonewall Jackson Memorial in 1994, where he has been MRI supervisor and assistant to the previous department head.

Thomason looks for-

ward to the new position.

"My goal is to continue to supply the excellent medical coverage that we currently provide our physician staff in assisting them in diagnosing medical conditions," he commented.

The SJMH radiology

Continued on Next Page

A Great Loss - Priscilla Gaines

Our SJMH family was greatly saddened by the death of friend and co-worker Priscilla Gaines of the business office. Her sweet smile will be missed by all of us here. Our prayers are with her family and children.

Priscilla Dawn Reed Gaines, 29, of Madison Avenue in Weston, died Thursday, November 13, 2003, at her home. She was born October

19, 1974, in Buckhannon, a daughter of Gary and Ruby Humphrey Reed. She was married to Robert "Abb" Gaines, who died November 13, 2003.

In addition to her parents, she is survived by one daughter, Amber Dawn Gaines, and one son, Brandon Michael Gaines, both of Weston; one sister, Kimberly Runyon of French Creek; her maternal grandmother, Mary Cogar, of Selbyville.

She was preceded in death by her paternal grandparents, Felix and Fanny Reed and Marvelene and Henry Lewis.

Mrs. Gaines was a 1992 graduate of Lewis County High School. She was employed at Stonewall Jackson Memorial Hospital and was a Methodist. A funeral service was held at 11 a.m. Monday, November 17, at Heavner & Cutright Funeral Chapel in Buckhannon,



PRISCILLA GAINES

with the Rev. Robert Heavner officiating. Interment followed in the Pleasant Dale Cemetery in Selbyville.

Robert Earle

Continued from Page 1 editorial about her in his newspaper, **The Weston Democrat**.

"And she was even a Republican," quipped Earle.

His comment brought a round of laughter from the board members.

His daughter Rosalie accompanied him to the meeting.

Earle is the former owner/editor of **The Weston Democrat**. He assumed part-ownership of the Lewis County weekly newspaper when he and his wife, the late Nancy Thrasher Earle, and the late George and Mary Hart Davisson bought the paper in April 1949. He sold the paper in 1992 but remained on board for five more years, covering news and writing his beloved column,

Town Topics, a duty which he carried out for more than 40 years.

Several paragraphs lifted from his last Town Topics sum up the difficulty of writing a weekly column.

"But if our muse was out to lunch at times and inspiration mostly perspiration, consider what you, the poor Old Family Journal reader have been subjected to all these past four decades. You have been treated to stories of our children's cute sayings (later the grandchildren), our dogs' misadventures, yearly accounts of our struggles with the Christmas tree, our travels, our mishaps at the microwave, to name a few."

In the 125th anniversary issue of the paper, Bob commented on his enjoyment of his work at the paper.

"I think the main reward has been chronicling the everyday life of Lewis County. Many past articles have made their way into the scrapbooks and personal belongings of many Lewis Countians," he noted.

Bob is a Clarksburg native and a graduate of Washington Irving High School. He was a member of the first School of Journalism class at West Virginia University in 1940. During World

War II, Bob served as a cryptographer in the United States Army.

He is a Life Member of the West Virginia Press Association and was awarded the Adam R. Kelly Premier Journalist Award in 1994.

His other daughter, Nancy, lives in Calgary, Canada, with her husband, Arnold Westberg, and two children, Elizabeth and Eric. Nancy is an art instructor at the Alberta School of Design.

Rosalie is the managing editor for **The Charleston Gazette**.

Bob enjoyed traveling with family and friends to England a number of times, as well as to Greece, Europe, and Africa.

"I regret leaving my friends in Lewis County and have enjoyed my long tenure on the SJMH Board of Directors," noted Earle.

In his letter of resignation, Bob noted that "for nearly thirty years I have enjoyed working with the Board and have seen the Hospital prosper under the direction of its administrator, Dave Shaffer, to the benefit of the community at large. My best wishes for this institution in the future."

Bob's e-mail address is stillhollow@cs.com. His phone number is 346-4571; his address is Apt. C231, 800 Association Dr., Charleston WV 25311.

Thomason Named Director

Continued from Page 1 department has two full-time radiologists on staff and provides a wide range of testing, including computerized tomography, nuclear medicine, echocardiograms, ultrasound, MRI, mammography, and general diagnostic and fluoroscopy. There are approximately 25 employees in the department under his supervision.

The department has undergone constant change over the years with advancements in equipment and technology. In 2002, a Dexascan and new ultrasound units were added. The Dexascan aids

in the diagnosis of osteoporosis.

"In the nine years that I have been here I have seen lots of improvement and changes in the department ...all for the benefit of our patients," he said. "The competency level of our staff is second to none. Being a rural hospital with a fairly small staff, there is a sense of camaraderie that is not found in larger institutions."

Rick is a 1985 graduate of Lewis County High School. He is married to Tammy Lucas. The couple live at Roanoke. His parents are Sally Frazee and Harley Thomason.

John Spiker Named to SJMH Board

John L. Spiker has been named to the Stonewall Jackson Memorial Hospital Board of Directors. He replaces Robert Earle, who retired from the Board at the end of November 2003. Spiker graduated from Weston High School in 1966. He received his degree in animal husbandry from West Virginia University in 1970 and his degree in veterinary medicine from Ohio State University in 1974. He returned to Weston and actively practiced as a veterinarian until 1982. Presently, he primarily works on the home farm in Jane Lew.

Spiker is married to Sue Ann Maxwell, formerly of West Union. The couple have four children - Jonelle of Morgantown; John Bob, a graduate from WVU with a degree in animal husbandry; Byron, a freshman at Marshall University; and David, a sophomore at Lewis County High School. John is the son of Adelene



JOHN L. SPIKER

Spiker, a retired Lewis County teacher, and the late Lynn Spiker, a county extension agent in Lewis County for 39 years.

SJMH Tops Group Changes Meeting Time

The SJMH weight loss group, T.O.P.S., has changed its meeting time from 11:30 to 9 a.m. on Tuesdays.

T.O.P.S. stands for take off pounds sensibly. Each member of the group chooses the best way to lose weight for herself.

If you are interested in joining talk to Julia in PR.

From The Executive Corner

By David D. Shaffer

A Community Icon

It is with deep regret that we receive the resignation of Bob Earle from the Board, but after many years of service to SJMH, he has decided to move to Charleston to be near his daughter.

I first met Bob in February of 1975. He dropped by the hospital to introduce himself (I was a new employee) on his way to covering a news event related to zoning and flood insurance. Those were hot topics in those days. Bob, writing for **The Democrat**, and Bill Adler, writing for the cable news, covered those topics extensively.

Bob's career as a journalist and editor spanned several decades. He covered mostly the area news and wrote stories of local interest, but was just as adept in dealing with state and national events. His tenure witnessed the Great Depression, WWII, Korean War, Kennedy's assassination, the Iran hostage crisis, Reagan's rebellion and Clinton's impeachment. That's quite a stretch.

As a Board member, Bob was attentive, but patient. When he addressed an issue, it was obvious to all that he had given it his every consideration. He generally had two questions. How will it help the patients and how will it help the employees? That was Bob. His commitment to others never wavered.

Bob is another of those citizen soldiers that inspired Tom Brokaw's book defining our "greatest generation." He served as a code breaker in WWII and, on more than one occasion, he and Bill Adler entertained us regarding the secretive and humorous aspects of that vital military function.

We all know Bob as a man of grace and dignity. I never once saw Bob lose his temper or speak ill of another human being. In his quiet and unassuming way, he leaves his stamp on SJMH and on all of us who are privileged to know him. Our community is a much better place to live because men like Bob made it so. I speak for all of us in wishing Bob the best of luck, health, and good fortune. His contributions did not go unnoticed.

May God Bless!

Our Sincere Condolences

to these members of our

SJMH family on their losses:

Al George Kelley on the passing of his sister;

Nat Auvil on the passing of her husband.

We offer you our sympathy.

Auxiliary Christmas Luncheon



The administration of Stonewall Jackson Memorial Hospital invited the board members of the Theresa Snaith Auxiliary to a Christmas luncheon on December 17. Pictured above are: seated, left to right-Associate Administrator Avah Stalnaker and Administrator David D. Shaffer; standing, left to right: Ruby Killian, Sissie Riley, Susan Hull, Sue Brannon, Lee Walker, Nelva Posey, and Teresa Moran.

THANKS TO THE STAFF

The ED received flowers and an angel calendar from some grateful Canadian folk... "To the amazing staff at SJMH: Words cannot express our sincerest thanks for helping us in our time of need!!! You gave of yourselves so willingly and for that you have our eternal thanks and gratitude. We thank God for sending us heavenly angels from above! Love and Thanks, Eleanor, Margaret and Christian."

Peters Passes Dietary Exam

Sue Peters recently received certification as a Dietary Manager from the Dietary Managers Association. Sue took a correspondence course from the University of North Dakota for Dietary Management. She passed the course and then took a certification exam. Now she can put CDM, CFPP after her name. It stands for Certified Dietary Manager, Certified Food Protection Professional.

Wedding Bells

Radiology's Amy James has announced her engagement to Adam Ferguson.

Amy is a 1997 graduate of Lewis County High School and attended Glenville State College.

Her fiance is a 1996 graduate of Gilmer County High School and a 2002 graduate of Fairmont State College with a degree in computer integrated manufacturing. He is the owner of Ferguson Electrical Contracting.

The custom of an open church wedding will be observed June 5, 2004.

Employee Benefits Fair Door Prize Winners

The following won goodies at the annual Employee Benefits Fair held at SJMH in November 2003:

Gingerbread house - Adaire Moody; bike helmet - Brigetta Huntz; hat - Irene Arbogast, Rick Simpson; coffee cup - Roger Brown, Laura Lightner, Suzie Johnston, Terri Gill; umbrella - Candace Donald-son, Peggy Murphy, Dr. Naim; bags - Lisa McClain; coffee-maker - Lois Lamb; piggy bank - Mary Ann Heaster, Pat Carder, Traci McGill, Linda Burns; bag with seat - Sandy Smith; flashlight - Julia Spelsberg, Joan Rohm, Carol Robison; umbrella - Terri Tenney, Wanda Parker, Edith Wendell; coffee cup - Kim Ables, Tammy Linger, Sarah Westfall, Leala Wilkinson; candy dish - Susan Leavitt, Rick Thomason;

duffel - Barb Caffrey; gift certificate/Old Mill - Bea Brown; gift certificate/hair salon - Barb Arble; bag with seat - Tom Law; laptop bag - Ellen Ketron; DVD - Vicki Smith; candy dishes - Tammy Taylor, Bob Mills.

Pretty Baby Winner

Izaiah Bowen, son of Tigger and Samantha Bowen of McGuire Park, was named second runner-up in the "New Star Discovery Inc. Most Beautiful Baby Contest" held in November 2003 at the Meadowbrook Mall. He also earned first place in the Photogenic Contest with a full body shot picture. He was a "Naked Baby," lying on his belly, sucking his finger, with a bow around his belly and back that read "Sweet Baby Boy." He received two trophies.



DONATE BABY BLANKET

Cyndi Wymer's seventh-grade base class at Robert Bland Middle School created a lovely rag quilt for the New Year baby at Stonewall Jackson Memorial Hospital. Students, with the baby blanket pictured above are: first row, left to right - Stephanie Simmons, Meghan Cutright, Josh Foster; second row, left to right - Megan Parmer, Ben Loyd, Ryan Watson, Joe Moran, Justin Chamberlain; third row - Shawna Draves, Matthew Cogar, Levi Jones, Sam Adams, Cyndi Wymer. Not pictured are Autumn Lester, Brianna Richards, James Riffle and Cody Rowan.



DONATES COMPUTER. SJMH donated a computer to the Family Resource Network in Weston. Pictured above: Jacki Weeks, left, executive director of the FRN accepts the computer from SJMH's public relations director Julia Spelsberg, right. The FRN is an organizing and fund-raising group benefiting children and family services in Lewis County.



The Business Office's Lois Lamb, pictured above, right, pulls the winning ticket for the Auxiliary's beautiful Christmas wreath donated by O'Suzanna's Florist. SJMH Gift Shop manager Barbara Bennett, left, noted that the winner was SJMH's Betty Heath.

KUDOS TO:

- ▲▲ Gilbert Dietrich, a.k.a. Santa, who gave out gifts to our patients on Christmas Eve
- ▲▲ the generous folks at SJMH, who adopted 16 Salvation Army "angels" at Christmas
- ▲▲ RLBMS teacher Barbara Tucker, who along with her seventh-grade students composed a book of poetry for our patients
- ▲▲ the churches and youth groups who donate their time and energy to the Hospital at Christmas
- ▲▲ the SJMH Soc/Rec Committee for the "fabulous" Christmas buffet
- ▲▲ Rosa Thayer, Rusty Simpson, Frances Thoms, Brenda Gum, Crystal Clem, Fred and Karen Rinker, Carole Chapman, and Johnathan Spelsberg for their help at the Children's Christmas Party
- ▲▲ the genius who suggested that employees receive a gift certificate instead of money for a Christmas bonus. This employee is so humble we know he/she wishes to remain anonymous
- ▲▲ the Hospital board for the Christmas gift
- ▲▲ the OB staff for bringing in baby clothes for needy patients rather than exchanging gifts
- ▲▲ the hardy SJMH employees and Auxiliary members who stood in the cold and rang the bell for the Salvation Army at Weston Foodland
- ▲▲ the very patient members of our Maintenance Department for all their help in decorating at Christmastime
- ▲▲ Rusty Simpson for cleaning up a used computer to donate to the Lewis County Family Resource Network
- ▲▲ members of the Business Office and ED who pooled their money and bought gifts for two very special children
- ▲▲ Denny Marple for fixing the PR cart
- ▲▲ Linda Weaver for reminding us all of the true meaning of Christmas
- ▲▲ Jimmy Lattea for going above and beyond the call of duty
- ▲▲ Jennifer Barnes for her wonderful act of kindness to a patient's family

Serving in Iraq



OB Nurse Robin Drake's husband, John (pictured above), left the U.S. in February 2003 for service in the Middle East with the WV National Guard. He has been stationed in Iraq since April.

Robin is sure looking forward to his return, expected this April. "He is ready to come home," said Robin. "His hope is that his service now will mean that our son will never have to go through this."

New Year's Baby Arrives



Joseph and Kasey Lovett of Jane Lew are the parents of the first baby of 2004 born in Lewis County. The little girl, Breanna Nicole, was born at 7:10 a.m. on Friday, January 2, at Stonewall Jackson Memorial Hospital.

She weighed 6 pounds, 3-1/2 ounces and she was 19 inches long. The New Year Baby has two older siblings - Joseph Jr., 4 years old; and Kallie, 2 years old. Her paternal grandparents are James and Paula Lovett of Weston. Her maternal grandmother is Carol Parker of Jane Lew.

Her father is a member of the United States Army. He is stationed with the Third Infantry Division of Fort Stewart, GA. He served several months in Iraq.

As the New Year's Baby, Breanna was given several gifts by local businesses and the Hospital. They included: Theresa Snaith Auxiliary - \$50 gift certificate; Butcher-Layfield Lumber Co. - smoke detector; Huntington Banks - savings bond; Caplan's Jewelry Store - silver cup; SJMH - formula and diapers; Minnich Flo-

rist - flower arrangement; Creative Exposure - free sitting and 8x10 photo; Weston Dairy Mart - free movie rentals; Mrs. Wymer's seventh Grade base class at Robert Bland Middle School - purple and blue baby blanket.

FROM HOME CARE

Liz Rinehart's nephew, John Patterson, won The Weston Democrat spelling bee. He will go on to regionals.

Breanne Reboux, Roberta Ellyson's daughter, has been chosen as a JV cheerleader at Lewis County High School.

Hold Craft Fair at SJMH

At the suggestion of an employee, the Soc/Rec Committee decided to hold a Christmas craft fair in November 2003. The object was to give our crafty SJMH employees an outlet for their wares.

Surprisingly, more than 20 crafters were here for the sale.

There were so many that both the boardroom and classroom were used for displays. Some of our own SJMH crafters showing their wares



were: pictured clockwise from the top are SJMH's Michelle Parsons, Joan Miller, and Brandy Craig.

There were many unusual and beautiful items available to purchase.



New SJMH Medical/Dental Staff Officers

The officers for the SJMH Medical/Dental Staff for 2004 are:

- Dr. Mani - President;
- Dr. S. LaNasa - Vice President;
- Dr. Tony Naim - Secretary;
- Dr. Frank Scattaregia - Immediate Past President.



As of January 1, 2004, Dr. Joseph Snead's office became a part of the SJMH family. The staff of Snead's Orthopedic Clinic are pictured at left: seated, left to right - Susie Hardman, Sara Hicks; standing - Patsy Freeman. Welcome aboard!

EMPLOYEES OF THE MONTH FOR NOV. AND DEC.

Ratliff is November Choice

Brenda Ratliff was selected as Stonewall Jackson Memorial Hospital's employee of the month for November 2003. Brenda has been an employee since 1980 and works in the business office.

She is a Braxton County native. Brenda graduated from Braxton County High School as the 1979 valedictorian. She graduated magna cum laude with an associates degree in business technology from Glenville State College in 1998.

Brenda's parents are Calvin and Lucille Williams of Falls Mill, Braxton County.

Her daughter, Chrystal, is a senior in the WVU/WV Tech nursing program; she will graduate in May 2004. She is presently performing her clinicals in the Kanawha County School System.

Brenda's nominator wrote, "I wish to nominate Brenda because she is a very knowledgeable person when it comes to computers and billing insurance. If she does



BRENDA RATLIFF

not know the answer she is willing to work hard until she finds the answer."

Brenda was equally complimentary of SJMH.

"I enjoy my job and its many challenges," she said. "I especially enjoy working with my co-workers and appreciate the honor."

In her spare time, Brenda enjoys reading, gardening, traveling to car shows, and spending time with her family. Brenda lives with her companion, Don Stewart, at Ireland.

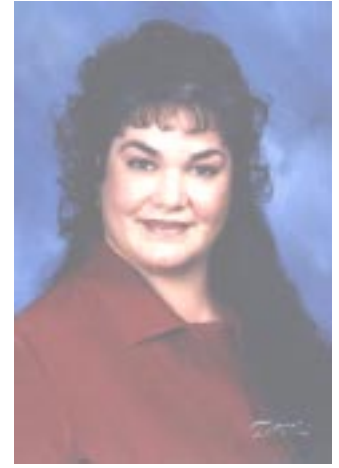
Stump Picked for December

Marcie Stump was selected as Stonewall Jackson Memorial Hospital's employee of the month for December 2003. Marcie has been employed at SJMH since 1998 as a nurse. She has worked on the Med/Surg unit and in the Special Delivery Birthing Center. Marcie has been working in the Surgery Unit since 2000.

Marcie graduated from Calhoun County High School and received her nursing degree from West Virginia University at Parkersburg.

Her parents are Linda Fivecoait and the late Terry Richards of Calhoun County.

Marcie's nominators wrote, "Marcie works well with others. She always works over and assists her co-workers when asked. She is respectful of the doctors and other employees. Marcie always has a smile on her face and has a very pleasant personality. She is kind and considerate to the patients and their families. She also 'floats' in OR to assist the



MARCI STUMP

assistant when they are busy."

Marcie was complimentary of her co-workers.

"I feel that this is a very nice place to work. There is such a great family atmosphere here that it is like my home away from home," she said.

In her spare time, Marcie enjoys being with her family - husband, Brian, who is employed by the FBI, and daughters, Darryen, 5, and Seanna, 2.

Heart Association Telethon To Be Held February 7 at LCHS

Plans are in the works for a telethon to be held in Lewis County to benefit the American Heart Association. The event will be held Sat., Feb. 7, at the Lewis County High School cafeteria.

During the telethon, a number of Lewis County residents have been asked to be on-air hosts. Julia Spelsberg and Kristi Gannon from SJMH will be on air from 8 a.m. to 10 a.m.

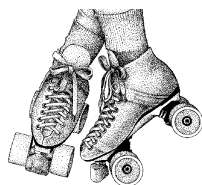
There will be entertainment by local groups and a gigantic auction

during the day. The goal of the organizers is \$10,000.

The money will be used by the AHA for research, education, and community outreach. West Virginia University has recently received close to one-half million dollars for research projects on heart disease from AHA.

There will also be a Heart Walk at the high school that day. If you would like to be a hospital chairperson, call Julia Spelsberg @269-8167.

***SJMH Family and Friends
You Are Invited To
Stonewall
Jackson
Memorial
Hospital's
Annual***



SKATING PARTY

Thurs., March 25

6:30 p.m. to 9:00 p.m.

Bridgeport Skateworld

Free Women's Health Screening In January

Lewis County C.A.R.E.S. is coordinating a Free Women's Health Screening on Friday, January 23, and Friday, January 30, 2004. The screenings will be held in the offices of OB/GYN Tony Naim and Dr. John Azar in Physician's Building #1, next to Stonewall Jackson Memorial Hospital, between 8 a.m. and noon each day.

Lewis County C.A.R.E.S. is dedicated to educating local residents about cancer and its prevention. The free screening is being organized by Stonewall Jackson Memorial Hospital, the WV Breast and Cervical Cancer Screening (WVBCCS) Program, the Lewis County Health Dept., and the WV Rural Health and Education Partnership.

Women who have not received a pap test in the past two years are encouraged to reserve their spot now by calling the Lewis County Health Department.

"Cervical cancer is a silent cancer that grows slowly and has no symptoms until it is too late," noted Kathy Helmick, RN, of WVBCCS. "If a woman still has a cervix and has not had a pap test in three years, it is especially important for her to have that pap."

A pap test is a quick and simple test to detect changes in and around the cervix. It can show inflammation, infection, abnormal cells, or cancer. But most important, a pap test can find changes in the cervix before they turn to cancer. Those changes can be treated and cancer can usually be prevented. Therefore, no woman should ever die of cervical cancer.

Breast examinations will also be available. There will also be screenings such as cholesterol, body fat index, glucose test, skin cancer check and more. It is not necessary to register ahead for these screenings. However, a woman must register to receive the pap test and breast exam.

Interested women can call the Health Dept. at 269-8218 for a reservation.



The folks down in the lab don't often have time to eat. However, Director Pam Thompson made them take time for a Christmas luncheon in the Boardroom. Pictured above, left to right, are: first row - Kathy Marsh, Pam Thompson, Lisa McClain, Christine Dunn; second row - Paula Merrifield, Bob Thomas, and Melissa White.

Make sure to vote for SJMH Employee of the Year. Your ballot must be turned in by January 30, 2004. It is a tough choice!

Here are your choices -
Earnie Greenlief - January
Rick Simpson - February
Lisa Beall - March
Carol McCray - April
Carl Furbee - May
Vonda Straley - June
Leatha Irvin - July
Donna Snyder - August
John Weber - September
Donna Brooks - October
Brenda Ratliff - November
Marcie Stump - December

FROM STAFF DEVELOPMENT

•General Orientation for new employees will be held on the following days -

Mon., Jan. 19 @ 8:30;

Mon., Feb. 2, and Mon., Feb. 16 @ 8:30;

Mon., March 1, and Mon., March 15 @ 8:30.

Orientation is from 8:30 a.m. to 4:00 p.m. in the second-floor classroom. Those needing lab work or physicals should report at 8 a.m. to Registration. If at all possible, please schedule all new employees on these

days.

•CPR recertification will be held at 1 p.m. on Tuesday, Feb. 10 @ 1 p.m., and Tues., March 9 @ 1 p.m.

You must be signed up in advance. Call 8119. All clinical staff are required to have a current card. The class may be changed to begin at noon depending on class size.

•GEMS (Geriatric Emergency Medical Services) is January 14, 2004.

All staff who are partici-

pating should notify their supervisor.

•Huberguard needles In service on Thurs., Jan. 15. This will be mandatory for all nursing staff * Look for the memo!

•Chaplain's meeting will be held Wed., Jan. 21, and Wed., Feb. 18, @ 10 a.m. in the classroom.

•Childbirth classes will be held on Mon., Jan. 26, Mon., Feb. 23, and Mon., March 22, at 6:30 p.m. in the classroom.

CARELEARNING HIGHLIGHTS

•Your carelearning must be completed by the end of your birthday month;

•The system will be available after Mon., Jan. 12;

•Those with January birthdays have until the end of February to complete their learning.

•Courses will be position-specific this year. This means that you may have more modules or less modules than other SJMH employees.

CHILDREN'S CHRISTMAS PARTY HELD



Physical Therapy's Debbie Gum found her daughter, Janelle, was not too happy to see St. Nick.

Children and grandchildren of SJMH employees were treated to an evening of Christmas crafts and a visit from Old St. Nick on December 5, 2003. The Party was held in the SJMH cafeteria and funded by the SJMH Soc/Rec Committee. Rosa Thayer and her little elves put on a wonderful evening for the children.

New Moms Can Show Newborns on Internet

Stonewall Jackson Memorial Hospital and Growing FamilySM bring babies to the Internet through the "Webnursery" Program.

Grandparents, aunts, uncles, distant relatives, and friends are no longer far away when it comes to seeing the newest member of the family. SJMH and Growing FamilySM, the nation's leading in-hospital photographer of newborns, now offer new parents the advantages of the Internet to share their exciting news with the world.

This exciting service gives new moms the opportunity to safely post photos of their new arrivals. Family and friends can now share in the joy of a new baby — even if they are miles apart. Parents can even personalize their baby's first web page by customizing the background and adding their own welcome message.

For privacy, each site contains only the baby's first name, last initial, and

standard announcement information. What makes Growing Family Web-Nursery[®] different from others is that this is the first truly interactive birth announcement site online.

When visitors come to the site, they can add a message of congratulations that appears next to baby's picture! Moms can print out baby's page, with all the messages, for a keepsake that lasts a lifetime.

"In bringing Webnursery to our patients, it is our hope that we can bring families together and allow everyone to share and celebrate in the joy of a newborn," says Cheryl Davis, Special Delivery Nurse Manager. "With the Internet fast becoming our world's primary communications tool, this electronic birth announcement is one of many technological advancements that SJMH is committed to bringing to this community."

The SJMH website is www.stonewallhospital.com.

Births



Crystal Lough's son, Dakota, isn't old enough to be scared of Santa. He just looked a little confused.

Mr. and Mrs. J. Michael Coffman of French Creek announce the birth of their first child, John Evan. The little boy was born on December 9, 2003, at SJMH. He weighed 8 pounds, 7 ounces. His mom is OB's Amy, and his father is a Lewis County Sheriff's Deputy.

Mr. and Mrs. Dan Walker of Buckhannon announce the birth of their first child, Emma Lauren, born January 6, 2004. She weighed 7 pounds, 10 ounces. Her dad is a pharmacist at SJMH, and her mother works at Allegheny Wireline in Weston.

SJMH Employees and Board Members

*You Are Cordially Invited
To The
Annual Awards Dinner*

Saturday, February 7, 2004

6 p.m. to 8 p.m.

at

WVU Jackson's Mill State 4-H Conference Center

Valentines Dance

to follow from 9 p.m. to 12 a.m.

with music by

Dover Crossing

Please make your reservations for single/couple by

Fri., January 30. Call Kim Rush at 269-8149 or

Julia Spelsberg at 269-8167

*Please note whether you wish the
baked chicken or cheese ravioli*



The SJMH Soc/Rec Committee held a wonderful Christmas Buffet before the holiday. Pictured above, left to right, Kim Rush and Angie Starcher fix up the serving table for the day shift employees.



SJMH's Dusty Hall also serves as a Weston Volunteer Fireman. So who else could we have called for help in decorating the large pine tree in front of the Hospital? Dusty, of course!

SJMH Employees...

Don't forget your cell phones for donation to the Lewis County Task Force on Domestic Violence. The donation box is on the front console. Your old phone goes to a very good cause. Thanks.

SKI TRIP JANUARY 25
Skiing is planned for Sunday, January 25. The Soc/Rec Committee needs your money by Friday, January 23. The skiing will be at Canaan. Call PR at 8167 for more details.

Address Correction Requested